

Please join our national <u>Working Together</u> team for a webinar series on a variety of topics designed to support:

- Job Seekers with disabilities, injuries, or illnesses
- People who face barriers and challenges to employment
- Businesses interested in hiring or supporting their existing staff

There is no cost in attending our webinar series. You may register for all or some of the webinars.



May 03, 2022: Disclosure of a Disability: Who Needs to Know?

Deciding if, when, and how to talk to your employer about your disability, the challenges you face, and solutions that will benefit you is an important part of your back to work action plan. In this webinar, we will cover the importance of being able to discuss your disability, injury, or illness, and how doing so will ease the fear-of-the-unknown for a potential employer.

Topic: Disclosure of a Disability: Who Needs to Know? Date: May 03, 2022 Time: 10:00 PDT Presented By: Central Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_1Kw8zwmKQxux9Trb53HNgQ



Resume Building and Cover Letter Writing

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May 17, 2022: Resume Building and Cover Letter Writing

This webinar will walk to you through how to create a great resume and cover letter that will catch an employer's attention! We will guide you through tips and tricks you can use to make your resumes and cover letters stand out amongst the rest.

What you will learn:

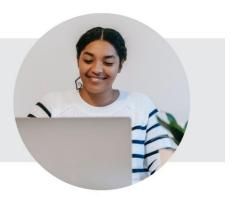
- What employers look for
- The best info to include on your resume and in a cover letter
- Dos and don'ts for resume and cover letter formatting and content
- Samples—what great resumes and cover letters look like

Topic: Resume Building and Cover Letter Writing Date: May 17, 2022 Time: 10:00 PDT Presented By: Atlantic Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_4-I8sQIOReWX9XqDuHBejQ



Roles of the Job Developer, Assistive Tech Specialist, and Employer in Accommodation

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May 31, 2022: Roles of the Job Developer, Assistive Tech Specialist and the Employer in Accommodation

Employers may be fearful that accommodating someone with a disability will be costly, that it will cause hardship to them and their other staff, and that the employee will become a burden. In this webinar, we will highlight how the Job Developer, Assistive Tech Specialist, and the Employer can work together to simplify the road to accommodation and how easy the process is with the needed supports in place.

Topic: Roles of the Job Developer, Assistive Tech Specialist and the Employer in Accommodation Date: May 31, 2022 Time: 10:00 PDT Presented By: Prairie Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_xkYwoHvuQ56HoR-hyhHsqA

Working Together Webinar Series

Volunteering - How It Can Help You Find a Job

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Jun 14, 2022: Volunteering – How It Can Help You Find a Job

In this webinar, you will learn what volunteering is and why it is an important part of job searching.

Topic: Volunteering – How It Can Help You Find a Job Date: Jun 14, 2022 Time: 10:00 PDT Presented By: Western Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_8tEUJZVQTJKjaUGpkMHkXw



Windows 11 Accessibility

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Jun 28, 2022: Windows 11 Accessibility

In this webinar, we are excited to share the accessibility options in Windows 11. It will focus on a broad overview of the accessibility options, including new Contrast themes, how Windows 11 makes accessibility features easier to find and use, and more.

Topic: Windows 11 Accessibility Date: Jun 28, 2022 Time: 10:00 PDT Presented By: Atlantic Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_ggktBi-_S2CDv_Zf6BA84A

Working Together Webinar Series

Information Interviews: The Inside Scoop neilsquire.ca/WebinarSeries



Jul 12, 2022: Information Interviews: The Inside Scoop

Information interviews put you in the driver's seat and can help you decide which jobs to apply for. In this webinar, you will learn all about information interviews and what you need to do to get the inside scoop on jobs that interest you. They are also a great way to tap into the hidden job market!

Topic: Information Interviews: The Inside Scoop Date: Jul 12, 2022 Time: 10:00 PDT Presented By: Central Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_zuSMPsWMQSCI65eLM-jLQw



Stress Management

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Jul 26, 2022: Stress Management

Stress is an unavoidable reality that we all share. It is very important therefore that we have healthy coping strategies during times of stress, some of which you will learn about in this webinar. The webinar will include the following topics on stress:

- Effects of Stress
- Recognizing:
 - Physiological Signs of Stress
 - Your triggers
- Window of Tolerance (WOT)
- Healthy Coping Strategies Such As:
 - o Practicing Self Care: Exercise, Sleep and Healthy Eating Habits
 - o Emotional Regulation through Practicing Mindfulness
 - Combatting Negative Thoughts

Topic: Stress Management Date: Jul 26, 2022 Time: 10:00 PDT Presented By: Atlantic Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_MjqzNL-dRbyxvrQ4mizxAA



Why Hire a Person with a Disability?

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Aug 09, 2022: Why Hire a Person with a Disability?

The prospect of hiring a person with a disability can bring up many questions for employers. Will the person be able to do the job? How much money is accommodation going to cost me? Why should I do this if I can hire someone without a disability? Are there benefits to hiring someone with a disability? In this webinar we will answer all of these questions and share a personal story of someone with a disability who works full time at a high level, high stress job, with great success.

Topic: Why Hire a Person with a Disability? Date: Aug 09, 2022 Time: 10:00 PDT Presented By: Prairie Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_u5GFs5wWT0WHU72-8o1Seg

Working Together Webinar Series

Converting Inaccessible Documents Into Accessible PDFs neilsquire.ca/WebinarSeries



Aug 23, 2022: Converting Inaccessible Documents Into Accessible PDFs

This webinar will show you easy ways to convert an inaccessible document into an accessible PDF. A series of different tips and tools will be shown.

Topic: Converting Inaccessible Documents Into Accessible PDFs Date: Aug 23, 2022 Time: 10:00 PDT Presented By: Atlantic Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_c9ZDoniESUm3P6CJn3D51A



The Spoon Theory and Creating a Wellness Action Plan

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Sep 06, 2022: The Spoon Theory and Creating a Wellness Action Plan

Do you often find yourself exhausted at the end of the day? Would you like to learn effective ways to overcome your fatigue? In this webinar, you will learn about the Spoon Theory, and how it can help you manage your energy. We will also teach you how to set S.M.A.R.T goals and develop a personal Wellness Action Plan to improve your physical, emotional and social well-being.

Topic: The Spoon Theory and Creating a Wellness Action Plan Date: Sep 06, 2022 Time: 10:00 PDT Presented By: Western Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_r5WduUBKTR21hvggMxrSSw



Home Ergonomics

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Sep 20, 2022: Home Ergonomics

In this webinar, you will learn how to set up your home office, as well as how to prevent musculoskeletal injuries due to repetitive movements and prolonged posture.

Topic: Home Ergonomics Date: Sep 20, 2022 Time: 10:00 PDT Presented By: Atlantic Region Neil Squire Staff Register for this webinar: https://neilsquire.zoom.us/webinar/register/WN_M5OKzJCRT7u7Q8gkwsCUZg



Questions About Our Webinars?

Contact us by email at info@neilsquire.ca or by telephone at 1 877 673 4636.